

REWIRING OUR MINDS WITH THE TRUTH

A house (a mind, a life) is built by wisdom (God's truth) and becomes strong (un-afraid, un-anxious, unshakable) through good sense (applying His truth). **Proverbs 24:3 (NLT)**

HOW TO REPLACE THE LIES WITH TRUTH

Don't worry (be anxious) about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts (emotions) and minds as you live in Christ Jesus. And now, dear brothers and sisters, one final thing. Fix your thoughts on what is TRUE, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Philippians 4:6-8 (NLT)

1. I MUST REMEMBER AND EMBRACE THAT GOD IS <u>REAL!</u>

Don't worry (be anxious) about anything; instead, pray about everything. **Tell God** (v. 6)

2. I MUST REMEMBER AND CELEBRATE THAT GOD IS <u>ALIVE</u> AND WORKING!

...and thank Him for all He has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (v. 6-7)

3. I MUST REGULARLY <u>CHOOSE</u> TO <u>TRUST</u> HIM OVER ANYTHING OR ANYONE ELSE.

Tell God what you need, and thank Him for all He has done. (v. 6)

4. I MUST INTENTIONALLY START REPLACING LIES WITH HIS TRUTH.

And now, dear brothers and sisters, one final thing. **Fix** your thoughts on what is **TRUE** and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. (v. 8)

4 Simple steps to rewiring our minds

Step 1: Grab the thought (What is it?)

Step 2: Diagnose the thought (Is it true?)

Step 3: TAKE IT TO GOD (What does God say about it?)

Step 4: MAKE A CHOICE (Am I going to believe God or Not?)

Another approach - Burning lies...POSTING THE TRUTH.

What If	God says
I am abandoned?	I will never leave you. (Deuteronomy31:6)
I lose my job?	Check the lilies of the field. (Matt. 6:28)
I fail?	I will lift you up. (Psalm 27:5)
My future is bad?	The future is His. (Jeremiah 29:11-12)
I get rejected?	I am with you. (Isaiah 41:10)

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand. Isaiah 41:10 (NLT)

Going deeper on your own: Knowing that fear is not from God, Pastor Jay made the statement, "It is time to start talking back to our fear instead of allowing it to talk to us." With this in mind, intentionally practice the four steps to replacing the lies with God's truth this week. Also, practice the exercise of burning the lies and POSTING GOD'S TRUTH. As you do, post it on your Facebook page, Twitter account, or Instagram and tell people what you are doing. Write to us at <code>info@centerpointchurch.com</code> and tell us your story of how you are rewiring your mind with God's truth. Peace be to you and God bless you!