

How To Build Healthy And Happy Homes

It all starts with making Jesus Christ the solid foundation!

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on sold rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash. Matthew 7:24-27 (NLT)

...You lived in this world without God and without hope. Ephesian 2:12b (NLT)

4 Elements to a Healthy and Happy Home

1. A healthy and happy home intentionally rests.

Keep the Sabbath day holy. Don't pursue your own interests on that day, but enjoy the Sabbath and speak of it with delight as the Lord's holy day. Honor the Sabbath in everything you do on that day, and don't follow your own desires or talk idly. Then the Lord will be your delight... Isaiah 58:13-14 (NLT)

2. A healthy and happy home fulfills its <u>responsibility</u> of keeping <u>Christ</u> in the middle.

So whether you eat or drink, or whatever you do, do it all for the glory of God. **1 Corinthians 10:31 (NLT)**

...and you must love the Lord your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates. **Deuteronomy 6:4-9 (NLT)**

3. A healthy and happy home has boundaries.

You say, "I am allowed to do anything"—but not everything is good for you. And even though "I am allowed to do anything," I must not become a slave to anything. **1 Corinthians 6:12 (NLT)**

4. A healthy and happy home is <u>unified</u> in its relationships.

Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. **Colossians 3:12-15 (NLT)**

...a family splintered by feuding will fall apart. Mark 3:25 (NLT)

This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. **Genesis 2:24 (NLT)**