

## Go Fish

## What to do when we've gone Jonah!

Then Jonah **PRAYED** to the Lord his God from inside the fish. He said, "I cried out to the Lord in my great trouble, and He answered me. I called to you from the land of the dead, and Lord, you heard me! You threw me into the ocean depths, and I sank down to the heart of the sea. The mighty waters engulfed me; I was buried beneath your wild and stormy waves. Then I said, 'O Lord, you have driven me from your presence. Yet, I will look once more toward your holy Temple.' "I sank beneath the waves, and the waters closed over me. Seaweed wrapped itself around my head. I sank down to the very roots of the mountains. I was imprisoned in the earth, whose gates lock shut forever. BUT YOU, O Lord my God, snatched me from the jaws of death! As my life was slipping away, I remembered the Lord. And my earnest prayer went out to you in your holy Temple. Those who worship false gods turn their backs on all God's mercies. But I will offer sacrifices to you with songs of praise, and I will fulfill all my vows. For my salvation comes from the Lord alone." Then the Lord ordered the fish to spit Jonah out onto the beach. Jonah 2:1-10 (NLT)

## What do I do when I've gone Jonah?

1. Remember God is <u>one step</u> away and wants to help.

"I cried out to the Lord in my great trouble, and He answered me." Jonah 2:2 (NLT)

2. Remember the <u>"But GOD"</u> moments in our lives.

"But you oh Lord my God, snatched me from the jaws of death!" Jonah 2:6b (NLT)

3. Remember how I got were I am, and how to never get here again.

"Those who worship false gods turn their backs on all God's mercies". Jonah 2:8 (NLT)

4. <u>Return</u> to the proper place of <u>obedience</u>.

"But I will offer sacrifices to you with songs of praise and I will <u>follow</u> my vows. For my salvation comes from the Lord alone" **Jonah 2:9 (NLT)** 

**Going deeper on your own:** Turn in your Bible to the book of Jonah. Pray and ask the Holy Spirit to speak to you about any time in your life where you may have taken the heart and Spirit of Jonah. Read chapter 1 again. Now, read chapter 2 three times out loud, pausing between each reading. Answer the following questions. Are there any false idols you have chosen over God? (relationships, money, possessions, pleasures, maybe a task He has asked you to do) Why have you not trusted Him in this matter? What are you missing out on from God by placing this matter over Him? Read Jonah 2:8 again. I want to encourage you to ask God for His help to trust Him in obedience in this matter. Write me at *Jay@centerpointchurch.com* and tell me your story so I can pray for you. Know His mercy, grace, and unrelenting love is right around the corner.